



Plwyf a Gysegrfan Genedlaethol Cymru, Mair y Tapyr, Aberteifi

Parish and Shrine of Our Lady of the Taper, Cardigan
Mair Frenhines Tangnefedd, Castell Newydd Emlyn

Our Lady Queen of Peace, Newcastle Emlyn

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Location, Times and Intentions of Holy Mass for the Coming week

Saturday 14 th March	Vigil	6:30pm	Newcastle Emlyn	Pro Populo
Sunday 15 th March 3rd Sunday of Lent		10: 30am	*In The Hall* Cardigan	Pro Populo
Monday 16 th March		10:00am	Cardigan	Maria Mustard Birthday wishes
Tuesday 17 th March <i>St Patrick</i>		NO MASS		
Wednesday 18 th March		10:00am	Cardigan	Amalia Rainbird RIP Anniv. (Pat)
Thursday 19 th March <i>St Joseph</i>		10:00am	Cardigan	In honour of St Joseph (Inocencia Jones)
Friday 20 th March		10:00am	Cardigan	The Faithful Departed / Holy Souls
Saturday 21 st March	<i>Our Lady Vigil</i>	10:30am Cardigan	*In The Hall*	All who are affected by Coronavirus Pro Populo
Sunday 22 nd March 4th Sunday of Lent - Laetare		6:30pm Newcastle Emlyn		
		10: 30am	*In The Hall* Cardigan	Pro Populo



Confessions

Cardigan:

Saturday: By request after Mass

Sunday: Before Mass

Newcastle Emlyn

Saturday: 6:00pm-6:25pm



Adoration & Benediction : is cancelled for the present time. Thank you for your co-operation and understanding.

Welcome to all visitors to the National Shrine

and to the Parish of Newcastle Emlyn

Croeso – Welcome – Bienvenido – Witamy – Benvenuto

Coronavirus / Covid19: Is undoubtedly something that is in the minds of many people, and on the news each day. Let us keep in our prayers the people affected by this virus, and those who suffer with it, or as a result of it.

The Bishops' Conference of England and Wales have given out guidelines for us to observe as we celebrate Mass each day. These directives have come about because in some Diocese in England, there are people immediately affected by the spread of the virus. In Wales, there are still few cases of people being ill, but we will still follow the guidelines outlined by the Bishops' conference in conjunction with NHS expert advice. This includes : * The Removal of the Holy Water stoups from Church * No sign of peace * Holy Communion under one species only * and no Communion on the tongue *.

ON RECEIVING HOLY COMMUNION, PLEASE PRESENT A FLAT OPEN HAND PLACED OVER THE OTHER HAND, AND CONSUME THE SACRED HOST **BEFORE** YOU MOVE AWAY! In Addition – please place your collection offerings in the bucket at the back of the Church, and there will be no refreshments after Mass until further notice. Please follow the advice of the NHS as it appears on the news. Let us allow our faith to uphold us, and let us help each other in prayer and action.

Building update: The electrical work is complete, and the sound system is nearly complete, and the Altar carpet will be laid as soon as it arrives (it had to be ordered, as it is not a stock size).

The Deanery Station Mass: will be in Haverfordwest parish on Monday 23rd March at 7:00pm. The Bus has been cancelled due to lack of numbers, however at this stage the Mass will proceed as planned.

Lenten Alms: is our way of helping to ease the difficulty of others, through practical generosity. You may consider checking with elderly or isolated neighbours if they need any supplies or support.

The Holy Season of Lent:

Calls us to spend time in prayer and Reflection. We could dedicate some time each day to prayer, and to read and meditate on Sacred Scripture.

The readings on the front of the Newsletter, together with the short Reflection in “Walk with me” could be an ideal way of devoting some of our busy day to God.

We can all make a commitment to spend more time in prayer, and to go without something of our own choosing (just as Our Lord did in his 40 days in the desert). Please make every effort to make a good Confession, attend Holy Mass, and to keep the Lenten observances of prayer, penance and almsgiving. May it be a grace filled time for us all!

